

Smoking Cessation Support Group

You Don't have to quit to join!

Are you interested in cutting down how many cigarettes you smoke, or interested in joining a group to learn more?

When: Tuesdays

Time: 10:30 AM—11:30 AM

Location: Community Connections

10004 East Colfax Avenue

Aurora, Colorado 80010

(303) 739.9631

Facilitator: Richard Stepsay



**You can cut down or quit! — Share experiences,
get tips and tools, and find support.**

For more information about the Smoking Cessation program contact
Alicia Nix at 720.490.4422