

## Peer and Community Resources

### Clubhouses

- ❑ **STAR Reach**  
2531 W. Church St.  
Littleton, CO 80120-1928
- ❑ **STEP Clubhouse**  
4371 E. 72nd Ave.  
Commerce City, CO 80022

### Drop in Centers in Adams, Arapahoe & Douglas Counties

- ❑ **Community Connections** – (303) 739-9631  
10010 E. Colfax Ave  
Aurora, CO 80010
- ❑ **Rainbow Center** – (303) 287-2902  
2140 East 88<sup>th</sup> Avenue  
Thornton, CO 80229
- ❑ **Friends Helping Friends** – (303) 797-9343  
6509 South Santa Fe Drive  
Littleton, CO 80120
- ❑ **Arapahoe/Douglas Mental Health Network**  
303-797-9346 <http://www.mentalhealthpath.com/>
- ❑ **Al-Anon and Alateen**, [www.al-anon.alateen.org](http://www.al-anon.alateen.org)
- ❑ **Alcoholics Anonymous**, [www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)
- ❑ **Aurora Mental Health Center**  
303-617-2400 <http://www.aumhc.org/>
- ❑ **Community Reach Center**  
303-853-3500 <http://www.adamsmentalhealth.org/>
- ❑ **Depression and Bipolar Support Alliance**  
730 N. Franklin Street, Suite 501, Chicago, IL, 60610-7204,  
800.826.3632, 312.642.0049, 312.642.7243, <http://www.ndmda.org/> or  
[dbsalliance.org](http://dbsalliance.org)
- ❑ **Depression and Bipolar Support Alliance**,  
730 N. Franklin Street, Suite 501, Chicago, IL 60610-7204,  
800.826.3632, 312.642.0049. [www.ndmda.org](http://www.ndmda.org)
- ❑ **Double Trouble in Recovery**,  
[www.gotomytown.com/rog/NonProfits/doubletrouble.htm](http://www.gotomytown.com/rog/NonProfits/doubletrouble.htm)
- ❑ **Empower Colorado**, [www.empowercolorado.com](http://www.empowercolorado.com)
- ❑ **Federation of Families for Children’s Mental Health**, 1101 King  
Street, Suite 420 Alexandria, Virginia 22314. [www.ffcmh.org/Eng\\_one.htm](http://www.ffcmh.org/Eng_one.htm)
- ❑ **McMan’s Depression and Bipolar Web**, [www.mcmanweb.com](http://www.mcmanweb.com)

- ❑ **National Alliance for the Mentally Ill. Colonial Place Three**, 2107  
Wilson Blvd., Suite 300, Arlington, VA 22201. [www.nami.org](http://www.nami.org)
- ❑ **National Institutes of Mental Health (NIMH), Biological Psychiatry**  
Branch, Building 10, Room 3N212, 9000 Rockville Pike, Bethesda, MD  
20892. [www.nih.gov](http://www.nih.gov)
- ❑ **National Mental Health Association of Colorado**,  
6795 Tennessee Avenue, Suite 425, Denver, CO 80206, 303.377.3040
  - ❑ **NAMI Adams County**  
Warren Taylor (303) 853-3770  
Marge Ball (303) 429-4403
  - ❑ **NAMI Arapahoe-Douglas Counties**  
Lynette Loken (303) 789-0357  
Susan Paulsen (303) 794-4377
  - ❑ **NAMI Aurora**  
Dee Hickman (303) 367-8120
  - ❑ **NAMI Jefferson County**  
Dennis Dupuis (303) 984-2634
  - ❑ **NAMI Boulder County**  
Kathleen Roon (303) 443-4591
  - ❑ **NAMI Denver**  
Ellen Rector (303) 756-0490
  - ❑ **NAMI Colorado Springs**  
Ann Coughlin (719) 473-8477 (affiliate office)
- ❑ **National Mental Health Association**, 1021 Prince Street, Alexandria,  
VA 22314-2971. [www.nmha.org](http://www.nmha.org)
- ❑ **United Way**, [www.unitedway.org](http://www.unitedway.org)
- ❑ **WECAN! of Colorado**  
6795 E. Tennessee Ave. Suite 425  
Denver, CO 80224  
Fax: 303.377.4920  
[sstreet@mhacolorado.org](mailto:sstreet@mhacolorado.org)
- ❑ **Wellness Recovery Action Plan (WRAP)**,  
[www.copeland@mentalhealthrecovery.com](mailto:www.copeland@mentalhealthrecovery.com) or [www.maryellencopeland.com](http://www.maryellencopeland.com)
- ❑ **Yellow Ribbon Suicide Prevention Program**: Light for Life  
Foundation International. [www.yellowribbon.org](http://www.yellowribbon.org)