

Assessing Parent Needs and Barriers to Vestment/Empowerment in treatment

Where are parents in the diagnostic journey?

NO diagnosis Working diagnosis and trial medication Confident in diagnosis- Meds appropriate

Where are parents in the stages/cycle of emotional healing/grief THIS WEEK?

Denial Anger, Bargaining, Depression, Acceptance

Level and nature of GUILT regarding child's illness:

None--- Mild--- Moderate--- Severe

Level of family stress

Family member	None	Mild	Moderate	Severe
Ill Child				
Caregiver 1				
Sibling 1				

Describe current support system:

Type of Support	None	Some	Lots
Family			
Friends			
Clinical Support			
Community Support- Church- School			
MH Peer Support—Parent Group- -Empower			
Online support/Books			

Current stage on "Vested in Treatment" continuum

_____ **Stage I**
My child doesn't have a mental illness. My child has behavior problems but doesn't need medication.

_____ **Stage II**
Leave the child at the door to be fixed by clinicians and teachers. Willing to talk to a psychiatrist. Can't get in to see a psychiatrist Willing to learn about the disorder.

_____ **Stage III**
Wants to learn everything there is to know about disorder. Wants to meet other parents. Has at least seen a Psychiatrist.

_____ **Stage IV**
Case managing child's disorder. Confident about relationship with psychiatrist.

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Assessment of Parent/ Key Adult Issues				
Possible Parent issues	Doing well	Needs support	Needs Education	Needs Advocacy
Diagnosis issues				
Medication Issues				
Stage of emotional healing?				
Feelings of guilt regarding child's illness				
Family Stress				
Fear of future/ Level of Hope				
Support System				
Issues about stigma?				
Accessing services				
Advocacy				
Other				